THE REDEEMER READER

May A+D 2022

Volume 99, Issue 5



OUR REDEEMER LUTHERAN CHURCH 420 W. Breitung Ave. Kingsford, MI 49802

(906) 774-1844

www.ourredeemerkingsford.org Facebook: /ourredeemerkingsford

Schedule of Services <u>Sundays:</u>					
Divine Service	9:00 A.M.				
Fellowship	10:15 A.M.				
Sunday School, Youth Group & Bible Study	10:30 A.M.				
<u>Wednesdays:</u> Divine Service	7.00 D M				

Our Redeemer is a congregation of The Lutheran Church—Missouri Synod, a denomination of nearly 2 million members in the United States and Canada. Learn more about The LCMS by visiting its website at <u>lcms.org</u> or on Facebook at <u>facebook.com/TheLCMS</u>.

From the Pastor's Desk

P: Do you intend to continue steadfast in this confession and Church and to suffer all, even death, rather than fall away from it? *R*: *I* do, by the grace of God.

- Rite of Confirmation, Lutheran Service Book, pg. 273

Here at Our Redeemer, we are "up to our necks" in confirmations. We've had five adult confirmations in the past couple months, have several other adults preparing to be confirmed, and our youth confirmation will take place on June 5th. (We had to move the date back a bit this year due to some classes missed.)

I always make it a point to spend time with those being confirmed—no matter the age—reflecting on what is being asked of them. All of us who have been confirmed in the Church do well to think on these words. I've quoted them above.

"....suffer all, even death ... "

What a huge question! I often wonder if it's even fair for us to ask children to recite these words. God grant that *all of us* would remember that we have pledged to give up *everything*...even our lives...rather than reject Christ and stop confessing our Lutheran faith.

This year during the Easter season, our First Readings have been from the book of Acts, while our Epistles have been from the book of Revelation. Both are such perfect places for us as Christians to find encouragement and endurance to "suffer all, even death" for the sake of Jesus Christ.

During the reading from Acts 5 on April 24th, this phrase jumped out at me: "But during the night an angel of the Lord opened the prison doors and brought them out, and said, 'Go and stand in the temple and speak to the people all the words of this Life."" (Acts 5:19-20, ESV)

Our ESV translation makes the decision to capitalize the word "Life" in Acts 5:20. By doing that, they equate the "Life" that the apostles proclaim with Jesus Himself. Whether or not St. Luke (the author of Acts) meant that we should read the text that way is unclear. But what is clear is that the news that Jesus Christ had risen from the dead was the news of *Life* to the apostles and those who heard their message. The apostles didn't need to fear in the face of death when they had a Lord who is risen from the dead.

How do you "suffer all, even death" for the sake of Jesus Christ? You do so with confidence and hope in the resurrection of the dead. Jesus lives. That's it. That's the Gospel. He lives and therefore we will live. There is no greater comfort...no greater source of strength than this reality. God grant that we would be emboldened and strengthened to "suffer all, even death" as we are built up in the resurrection of Jesus Christ!

In Christ our Lord,

Postor' Kuesch

Pastor Ruesch



MAY 9TH IS THE LWML LADIES SPRING BANQUET: By now we hope you have purchased your tickets or at least notified us if you plan to attend—gather 5:30 punch and social; dinner at 6:00 p.m. The program is smart shopping to save \$\$\$-Thrift shop treasure hunting. Judy Reid, Menominee MI is guest speaker. Style show with thrift store bargains to follow our supper. Patti Eberstch is the caterer, Menu choices: 1. Grilled chicken breast with lasagna, salad, garlic bread and dessert—Angel Food truffle with pudding, coffee, milk and water. 2. Grilled chicken breast with baked potato, salad, vegie, dessert—fruit cup, coffee, milk, water. Adults: \$12.00, Students \$7.00, under six free. Sales continue after church through May 1st.





ALTAR GUILD NEEDS MORE MEMBERS! If you are interested in helping keep the sanctuary beautiful, please contact Carol Thornton at 282-8740. Orientation will be provided. Meetings are scheduled for the third Wednesday of the month at 10 AM, but attendance is not mandatory.

OUR REDEEMER YOUTH WILL BE ATTENDING NATIONAL YOUTH GATHERING! Three high school youth and two adults will be attending "In All Things," the 2022 LCMS National Youth Gathering in Houston, TX this July 9th-13th. Please stay tuned for opportunities and fundraisers to support our youth in having this life-changing experience.





SUNDAY SCHOOL ENDS ON MAY 22ND. The children will be singing during the service that morning. A big thank you to our Sunday school teachers for this year: Erin Forsberg, Carol Lundy, Kristi Pickering, and Heather Ruesch. Thank you, ladies, for your help and service to our kids!

OFFICIAL ACTS OF THE CHURCH

ADULT CONFIRMATION (3)

Bradley Linsmeyer	April 3, 2022
Elizabeth Reed	April 3, 2022
Allison Mortl	April 10, 2022
TRANSFER OUT (3)	
Isabella Brabant	April 5, 2022
Eugene Tessmann	April 11, 2021
Marilyn Tessmann	April 11, 2021
<u>BAPTISM (1)</u>	

Allison Mortl

April 10, 2022

ECONO RECEIPTS We cannot accept any receipts from Tadych's dated before **December 6th, 2021**, the date new owners took over the company. Please check your receipts before dropping them off. Thank You!

ECONO/SUPER ONE RECEIPTS

Have you been saving grocery slips? Have you been turning them into Our Redeemer? There is a large white bucket under the LWML card table labeled for Econo/Super One slips. We receive 1% of each \$1.00 you spend on groceries through their rebate programs. Sherry C. has graciously been tallying them up. The money goes into the Youth Program checking account. We use the money to sponsor our Compassion Child which is \$480 a year. There is also a container for stamps & ink cartridges however, they only accept Inkiets (they DO NOT accept Laser/Toner cartridges). Your support is greatly appreciated. We no longer take Campbells soup labels as Campbells has discontinued its labels for education program.



<u>LWML-LADIES' GUILD</u> "Serve the Lord with Gladness"

May 9th is the LWML Ladies Spring Banquet—by now we hope you have purchased your tickets or at least notified us if you plan to attend—gather 5:30 punch and social; dinner at 6:00 p.m. The program is smart shopping to save \$\$\$-Thrift shop treasure hunting. Judy Reid, Menominee MI is guest speaker. Style show with thrift store bargains to follow our supper. Patti Eberstch is the caterer, Menu choices: 1. Grilled chicken breast with lasagna, salad, garlic bread and dessert— Angel Food truffle with pudding, coffee, milk and water. 2. Grilled chicken breast with baked potato, salad, vegie, dessert—fruit cup, coffee, milk, water. Adults: \$12.00, Students \$7.00, under six free. Sales continue after church through May 1st.

It has been a busy time for LWML—Sheri V. and I attended the Spring Retreat @ Camp Luther on April 2nd. 75 women attended. A wonderful program. The Fall Retreat is planned for Sept 9-10, 2022.

Kingsford hosted the Zone 2 Rally on April 23rd with women from throughout the U.P. Pastor Ruesch was the main mission speaker on their experiences in Puerto Rico. Also, teleconference with Neuendorf's currently in Caribbean. Very successful. We had 40 attend! Mites offering received and also special mission offering for Neuendorf's.

Information is also offered for all members interested in attending North Wisconsin District Convention at the Radisson Hotel and Conference Center in Green Bay, WI on June 16-18, 2022. Details will be in the winter and Spring issues of Mission Tidings.

Confirmation will be on June 5th. Congratulations to all our Graduates also.

Enjoy Spring and our upcoming summer! Take Care, God Bless Caren & LWML Gals.

STAMPS FOR MISSIONS

Our Lutheran women's Missionary League began collecting used postage stamps in 1993 when The Lutheran Church—Missouri Synod office in St. Louis, Missouri, ended this project. Our North Wisconsin District has worked with many different gentlemen over the years to sell our stamps. We are currently taking our stamps to a gentleman in Green Bay.

Our stamps were sold five different times in 1994 and the total amount sold to help support our missions was \$345.49. The year-to-date total now is \$13,897.66 Praise God from whom all blessings flow!

Please continue to collect your stamps within your societies and encourage others from your church to join. Please share with them how to trim the stamps leaving a quarter inch around the stamp. The perforation on the stamp must be intact, if the perforation is missing the stamps cannot be sold.

What a blessing to have the opportunity to collect our stamps and help those in need. Please continue in this mission as we serve the Lord with gladness! In Christ, *Shirley H. & Mary S.*

Please place the stamps in the LWML MITE box!! Thank so much!



Our Redeemer Children, Youth and Family Ministries

- <u>Sunday School</u> Every Sunday @ 10:15 a.m. Sept. through May. All children are welcome!
- Youth Confirmation Class Wednesdays 5:30 p.m. Sept. through May.
- <u>Bible Study Opportunities</u> Sundays, 10:15 a.m. Thursdays, 10:00 a.m.

VISIT WWW.CAMPLUTHER.COM FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THESE WONDERFUL OPPORTUNITIES.



Register for Summer Registration open!

Camp Luther summer youth camps provide an incredible, faith-filled experience for campers from Kindergarten all the way through High School. It's our goal that everyone who attends Camp Luther is encouraged and strengthened in their faith through authentic community, outstanding staff, experiential activities, and intentional faith building. Come experience the power of camp this summer!

Join our Summer Staff 2022

One of the biggest challenges we face each year at Camp Luther is recruiting our summer staff team. Finding hardworking and mature college students who love Jesus and are willing to sacrifice a lot to bring that love to thousands of kids over the course of a summer at camp is a difficult task.

We could really use your help right now! We're still looking to fill some Summer Staff positions. If you know of a young adult who is looking for a life-changing experience this summer, please encourage them to apply! Positions we're still looking for:

- Male Counselors
- Female Counselors
- Waterfront and other Leadership Staff

Alumni Staff Reunion July 1-3, 2022

Are you a past summer staffer? Come join us for our Alumni Staff Reunion this summer! This weekend is a great way to catch up with old staff members, reminisce on old memories, and create new ones. Registration is now open!

Golf Classic! June 17, 2022

Come support Camp Luther in the 18th Annual Golf Classic. All proceeds from this event help bring first-time campers to camp. All are welcome to take part in this event!

Check out our website for all the wonderful opportunities to enjoy Camp to it's fullest. We have retreats and cabin rentals. Fall is a great time to enjoy the great outdoors. There are also great opportunities at KBC, you will find all the information on our website.

Every Kid to Camp

Every Kid to Camp is a ministry that sends kids to camp at no expense to their parents (except transportation). Our goal is that every child in the North Wisconsin District and beyond is given the opportunity to attend one of our summer camp programs before they graduate high school. The only qualification for being a part of this program is that the recipient has never attended one of Camp Luther's summer camp programs before. If you know someone who you believe would benefit from receiving an Every Kid to Camp award, please contact the Camp Luther office at 715-546-3647.

The COVID-19 pandemic has affected everyone, including Camp Luther. Your financial gifts are especially appreciated during this time.

PLEASE WATCH OUR WEBSITE AND FACEBOOK PAGE FOR UPDATES!

Serving in God's House This Month

The 9:00 a.m. Divine Service is being live streamed on the Our Redeemer Facebook page<u>www.facebook.com/ourredeemerkingsford</u>.

A link to the bulletin will be available as well.

May 1

9:00 am Elders: Gary P. & Jim R. Organist: Don H. Acolyte: Jacob H.

May 8

9:00 am Elders: Ed T. & Jason L. Organist: Don H. Acolyte: Logan F.

May 15

9:00 am Elders: Jason L. & Damian T. Organist: Marian V. Acolyte: Aiden L.

May 22

9:00 am Elders: Jason L. & Ed T. Organist: Don H. Acolyte: Nora R.

May 29

9:00 am Elders: Jim R. & Damian T. Organist: Don H. Acolyte: Logan F.

Altar Guild for May:

Sue R. & Tracy V.

PROTECTING EACH OTHER DURING COVID-19

As we return to worship services, we all need to do our part to safeguard our neighbors. It is who we are as Christians. When attending service, please plan on doing the following: Stay home if you have ANY of these symptoms:

- o A fever
 - o Chills
 - o A dry cough
 - o Shortness of breath
 - o Sore throat
 - o New loss of taste &/or smell

Masks are available on the Welcome Kiosk as well as hand sanitizer for anyone who wishes to use them. Wednesday Divine Service 7:00 P.M. *Digital Music*

May 4 Elder: Damian T. Acolyte: Zaeda B.

May 11 Elder: Gary P. Acolyte: Analise M.

May 18

Elder: Jim R. Acolyte: Jeremiah W.

Thursday, May 26 Elder: Gary P. Acolyte: Jeremiah W.

ATTENDANCE TOTALS

Wednesday, March 30 (7:00 PM)	15
Sunday, April 3 (9:00 AM)	124
Wednesday, April 6 (7:00 PM)	42
Sunday, April 10 (9:00 AM)	115
Holy Thurs., April 14 (7:00 PM)	32
Good Fri., April 15 (1:00 PM)	65
Sunday, April 17 (6:30 AM)	42
Sunday, April 17 (9:00 AM)	119
Wednesday, April 20 (7:00 PM)	12
Sunday, April 24 (9:00 AM)	101

THE REDEEMER READER

Health and Wellness Ministry

May

National High Blood Pressure Education Month of May 2022

Written as two figures, blood pressure is measured as the pressure when the heart has pumped (systolic) and when the heart is in between beats (diastolic).

When the heart pumps blood, blood pressure is higher than when it is in between beats. The systolic measurement will be higher than the diastolic measurement.

Normal Blood Pressure Levels: Systolic < 120mmHg Diastolic > 80mmHg

At Risk Blood Pressure Levels: Systolic 120-139mmHg Diastolic 80-89mmHg

High Blood Pressure Levels: Systolic 140mmHg or higher Diastolic 90mmHg or higher

Health Risks Of High Blood Pressure

Also know as hypertension, high blood pressure increases the risk of serious diseases and conditions such as heart disease and stroke. In the US, heart disease is the most common form of death whilst stroke is the third leading cause. Other risk factors of high blood pressure include congestive heart failure & kidney disease.

High blood pressure can have a huge impact on a persons life. During 2007, over 46 million people in the US visited a health care provider about this condition.

Overall, the incidence of high blood pressure is about the same in men and women. However, there are gender differences between age groups. In people under the age of 45, the incidence of high blood pressure is higher in men whilst in the over 65 year age category it is higher in women. There are also race differences; it is more common among African Americans than Caucasians and less likely to occur in Mexican-Americans.

In the US, approximately 1 in 3 adults has high blood pressure, however most people are not aware they have this condition due to a lack of signs or symptoms.

Reducing High Blood Pressure

High Blood Pressure Education Month encourages people to look at various lifestyle factors which may be contributing to high blood pressure. It is well documented that high levels of sodium (salt) is linked to high blood pressure. In the US, the majority of people consume more than twice the level of recommended sodium intake. Guidelines recommend up to 2,300mg of sodium per day for an adult.

Those at higher risk should consume even less (up to 1,500mg of sodium a day). Higher risk groups include those who have diabetes, kidney disease, existing high blood pressure and African American people. It is also recommended that people eat potassium rich foods which help lower blood pressure. Potassium rich foods include fish, green leafy vegetables, bananas, citrus fruits and potatoes.

Lifestyle changes which can help reduce blood pressure, include maintaining a healthy body weight (check with our <u>BMI</u> <u>Calculator</u>), regular exercise, quitting smoking and following a healthy low sodium diet rich in fruit and vegetables. There are many affordable blood pressure monitors available for the consumer making it convenient to monitor your blood pressure at home.

NATIONAL STROKE AWARENESS MONTH

May is World Stroke Month. Many health and heart organizations come together every May to raise awareness about the causes and effects of stroke. One of their biggest campaigns is FAST, teaching the world to know the symptoms of stroke and how to respond quickly to help save a life.

- Face By asking the person to smile you can tell immediately if one side of the face droops.
- Arm Ask the person to raise both arms. Observe to see if one arm drifts lower than the other.
- Speech Slurred speech is a symptom of stroke. Ask the person to repeat a single sentence.
- Time Call 911-Fast. Time may be the difference between life and death or even partial and full recovery.

HOW TO OBSERVE

Other Stroke Symptoms **Watch for Sudden:**

- NUMBNESS or weakness of face, arm, or leg, especially on one side of the body
- **CONFUSION,** trouble speaking or understanding speech
- **TROUBLE SEEING** in one or both eyes
- TROUBLE WALKING, dizziness, loss of balance or coordination
- SEVERE HEADACHE with no known cause

Stroke can be beatable. Rehabilitation is key to achieving and celebrating all the small victories along your way to recovery.

While strokes can vary in type and severity, many patients and their loved ones have been where you are now – facing important decisions about rehab that must be made quickly. Stroke recovery can seem overwhelming, but rehabilitation can help you regain your strength, your courage and your independence. Our tools and resources can help.



LCMS- Stewardship-Ministry-Newsletter Article—May

Living Sacrifices

Stewardship is not just about giving money to the church. It includes this, to be sure, but it is not limited to it. Stewardship involves our whole life – everything we have and everything we are.

Let us not, though, fall into the trap of thinking that because we give of ourselves in one area then we can neglect giving in another. Stewardship is not stealing from Peter to pay Paul. It is not a game that we play whereby we justify ourselves in not giving a tenth of our income because we have given in some other way.

This is why our Lord warns: "Woe to you, scribes and Pharisees, hypocrites! For you tithe mint and dill and cumin and have neglected the weightier matters of the law: justice and mercy and faithfulness. These you ought to have done, without neglecting the others." (Matthew 23:23) We are given to do both – tithe of ourselves and what we have.

And so it is that St. Paul makes his appeal to us: "I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." (Romans 12:1–2)

We are to present our bodies as a living sacrifice to God. We are not to have the mind of the world, where we exchange equal weight of this for an equal weight of that and think that we have done what God has required. Our whole life is given over for service in and for the Church of God. This is to be done in thanksgiving for what God in Christ has accomplished for us. This is our spiritual worship, the reasonable response to what He has done for us. Not one for the other but all in all.

But what does this look like? St. Paul never lays down a general principle without also giving us some practical application of what shape that principle is to take concretely. He gives the general principle that our bodies are to be living sacrifices to God. And, after admonishing those who have been given particular gifts of grace to serve the church, St. Paul then speaks generally of what is expected of all. He says:

"Let love be genuine. Abhor what is evil; hold fast to what is good. Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality." (Romans 12:9–13)

This is what it looks like to present your bodies as living sacrifices. This is how we live out the grace of God here in time.

Let us then heed the apostle's teaching. Let us present our bodies – everything that we have and everything that we are – as living sacrifices to God, our reasonable response to what God in Christ Jesus accomplished for us by His death and resurrection. Through this, we have forgiveness of sins, a new life in Christ, and eternal salvation. And through this worship, the grace of God is made manifest in His saints – for the church and the world.



May Birthdays

- 1 Tyler V.
- 2 Brandon H.
- 4 Camden M.
- 5 Greg H. Isabelle H. Faith W.
- 6 Dana B.
- 7 Josh P.
- 8 Cooper M.
- 10 Sharon B. Curtis V.
- 11 Sally C. Donna D.
- 12 Teresa C. Ronald N.
- 17 Nikki B. Ava M.
- 18 Sofia R.
- 20 John E. Logan M. Dan O.
- 22 Tyler N. Randy W.
- 24 Bradley H. Joseph M. Tricia O.
- 25 Barbara C. Gary H. David N. Claire V.



"Rejoice with those who Rejoice" -Romans 12:15

- 26 Jan F.
 - Michael W.
- 27 Emily M.
- 31 Ken J.
 - Chris W.

Anniversary Prayer

O Lord, Your mercies are new every morning. We thank you for another year of life together for those we mention before you. We ask you to keep them open to receive always more of your love that their love for each other may never grow weary but deepen and grow through every joy and sorrow shared; for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.



May Anniversaries

- 5 Randy & Wendy W.
- 12 Jim & Amy H.
- 13 Rudy & Lisa V.
- 15 Ronald & Rita N. David & Patti W.
- 17 Don & Bev H.
- 18 Swen & Carol S.
- 19 Dave & Shelly T.



JR REDEEMER LUTHERAN CHURCH

May 2022

<u>Church Office Hours:</u> Tuesday, Wednesday, Thursday 9:00 A.M.-3:00 P.M.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3rd S. of Easter 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Sunday School, Bible Study, & Youth Group 	2 6:30 P.M. Board of Elders	3	4 5:30 P.M. Confirmation 5:30 P.M. Gsus Singers Practice 7:00 P.M Divine Service*	5 10:00 A.M. Bible Study	6 Pastor's Day Off	7
 8 4th S. of Easter 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Sunday School, Bible Study, & Youth Group 	9 6:00 P.M. Ladies' Spring Banquet	10	11 5:30 P.M. Confirmation 5:30 P.M. Gsus Singers Practice 7:00 P.M Divine Service*	12 10:00 A.M. Bible Study	13 Pastor's Day Off	14
 15 5th S. of Easter 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Sunday School, Bible Study, & Youth Group 	16 Newsletter Deadline	17	18 5:30 P.M. Confirmation 5:30 P.M. Gsus Singers Practice 7:00 P.M Divine Service*	19 10:00 A.M. Bible Study	20 Pastor's Day Off	21
 22 6th S. of Easter 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Sunday School, Bible Study, & Youth Group 	23	24	25 5:30 P.M. Confirmation 5:30 P.M. Gsus Singers Practice	26 The Ascension of Our Lord 10:00 A.M. Bible Study 7:00 P.M Divine Service*	27 Pastor's Day Off	28
 29 7th S. of Easter 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study 	30 Memorial Day Church Office Closed	31	Worship Services in bold print. Holy Communion is offered at every Divine Service. (Marked with an asterisk*)			

Our Redeemer Lutheran Church 420 West Breitung Avenue Kingsford, MI 49802



Ministry Staff

Rev. Matthew Rueschw: 906-774-1844c: 906-396-7401PastorE-mail: pastor@ourredeemerkingsford.org

Renee Wilson Secretary w: 906-774-1844 E-mail: <u>secretary@ourredeemerkingsford.org</u> Hours: Tues., Wed., Thurs. 9:00 a.m.- 3:00 p.m.

Here to Serve!