THE REDEEMER READER

July A+D 2021

Volume 97, Issue 7



OUR REDEEMER ON BREITUNG Our Redeemer Lutheran Church

420 W. Breitung Ave. Kingsford, MI 49802 (906) 774-1844 www.ourredeemerkingsford.org Facebook: /ourredeemerkingsford

Schedule of Services <u>Sundays:</u>

| Divine Service* | 9:00 A.M | | | | | | |
|--|-----------|--|--|--|--|--|--|
| Fellowship | 10:15 A.M | | | | | | |
| Bible Study | 10:30 A.M | | | | | | |
| (Sunday School will resume in September. | | | | | | | |
| | | | | | | | |

Wednesdays: Divine Service 7:00 P.M.

*The Sunday Divine Service will also be streamed on Facebook Live. Access the livestream by visiting us at <u>facebook.com/ourredeemerkingsford</u>.

Our Redeemer Lutheran Church is a congregation of The Lutheran Church—Missouri Synod, a denomination of nearly 2 million members in the United States and Canada. Learn more about The LCMS by visiting its website at <u>lcms.org</u> or on Facebook at <u>facebook.com/TheLCMS</u>.

From the Pastor's Desk

"Lord, now you are letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to your people Israel."

- Luke 2:29-32 (ESV)

The Lutheran liturgy is filled with all sorts of beautiful Latin and Greek names. Though we followed the Blessed Doctor Martin Luther's lead and we sing the liturgy in the language of the people, there are several beautiful words that we find in our service: *Kyrie* is the Greek word for "Lord." When we sing the Kyrie, we sing, "Lord, have mercy upon us; Christ, have mercy upon us; Lord, have mercy upon us." *Gloria in Excelsis* is the Latin translation of "Glory to God in the highest."

Each Sunday, after the congregation has received the Lord's Supper, we sing the *Nunc Dimittis*. This Latin phrase means "now depart." It's the title of the Song of Simeon in Luke 2. After the infant Jesus has been brought to the temple in Jerusalem by His earthly parents, the old man Simeon was able to take this "little Lord" into his own hands. God was fulfilling a promise to Simeon that he would not depart this world until he had seen the Messiah of God's people with his very own eyes. Simeon sang that he could "now depart in peace" because he had seen…even held with his hands…the Savior of the world.

The Lutheran Church in her earliest days saw a connection between what Simeon held in his hands and what is placed into our hands and mouths in the Lord's Supper. It is Jesus Christ Himself who is given to us in the body and blood: the very same Lord who Simeon held. With this Christ, Simeon had the confidence to "now depart"...to die and enter his eternal rest with the peace that only the Lord God can give.

Similarly, we sing Simeon's song. We depart the church to go back to our lives and our vocations with the peace that only God can give. Though unlike Simeon, we "depart" to return to our lives, we have the same confidence that he had; when it is time to depart this life, we have the peace of knowing that the Messiah of God's people has come to save them.

How does peace sound to you? Do you think we have a need for peace in our world today? Could you use more of it yourself? Peace is found in the One who took on our humanity to be our Savior. Peace is found in the One whose body and blood are given in bread and wine. Peace is there for those who come to receive their Lord and join in Simeon's song.

Lord, grant us peace as You gave it to Simeon in our receiving of the Holy Supper!

In Christ our Lord,

Postor Kuesch

Pastor Ruesch





VBS 2021!!!!

Join us this summer for our "Rainforest Explorers" Vacation Bible School: Where "Jesus Leads the Way!" All kids in preschool through 6th grade (2020-21 school year) are welcome to join us. There is no cost for this event. Kids will learn Bible stories, do crafts, play games, learn songs, eat snacks, and enjoy being with other kids as the good news of our salvation in Jesus Christ is proclaimed!

August 2nd – 6th 9:00 a.m. to 12:00 p.m. On-line registration. Go to: www.ourredeemerkingsford.org



Volunteers needed as well!!!!

People of all ages are invited to join the Our Redeemer community on Sunday, August 8th at 10:30 a.m. for an outdoor service in front of the church, which will be followed by a picnic. Attendees are welcome to bring their own lawn chair for the service, but folding chairs will be available as well. The picnic meal will be served potluck-style with meat and beverages being provided.

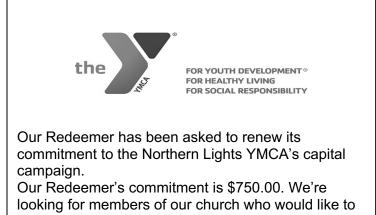
Board of Missions

We are planning our fundraising for 2021 and will again have our Swedish Luncheon, tentatively scheduled Sunday, September 26th. We will be actively recruiting volunteers for this event.

Also, consider our ongoing fundraising at Giving Bean Coffee and Rada Cutlery. Giving Bean coffee can be accessed at the ORLC website under Helping Hands. Rada Cutlery can be accessed at <u>www.radafundraising.com</u> and selecting "your fundraising group" as Our Redeemer Michigan. There are also catalogues of the cutlery with order blanks on the table in the narthex.

Thank you for your continued support. Please call the church office if you have any needs that Helping Hands may assist with. Helping Hands would like to thank members who ordered from Rada Cutlery's Our Redeemer Fund page so far. We raised \$279!

Next Meeting: To Be Announced Yours in Christ, Carol T., Board of Missions Chair



looking for members of our church who would like to contribute toward that commitment with a donation. Our congregation is recognized with a banner hanging in the weight room at the YMCA. Your donations to the Northern Lights YMCA "make Dickinson County better through programs focused on Youth Development, Healthy Living, and Social Responsibility." Donations can be dropped off at the church office. Please make checks out to "Our Redeemer Lutheran Church" with "YMCA Campaign" on the memo line. Thank you in advance!

edeemer Reader THE

OFFICIAL ACTS OF THE CHURCH

Wedding Rochon/Heyrman

June 5, 2021

Baptism Braxton Wollum

June 20, 2021

Funeral Amber Martin

June 19.2021

ECONO/SUPER ONE RECEIPTS

Have you been saving grocery slips? Have you been turning them into Our Redeemer? There is a large white bucket under the LWML card table labeled for Econo/Super One slips. We receive 1% of each \$1.00 you spend on groceries through their rebate programs. Sherry C. has graciously been tallying them up. The money goes into the Youth Program checking account. We use the money to sponsor our Compassion Child which is \$480 a year. There is also a container for stamps & ink cartridges however, they only accept Inkjets (they DO NOT accept Laser/Toner cartridges). Your support is greatly appreciated. We no longer take Campbells soup labels as Campbells has discontinued its labels for education program.

STAMPS FOR MISSIONS

Our Lutheran women's Missionary League began collecting used postage stamps in 1993 when The Lutheran Church-Missouri Synod office in St. Louis, Missouri, ended this project. Our North Wisconsin District has worked with many different gentlemen over the years to sell our stamps. We are currently taking our stamps to a gentleman in Green Bay.

Our stamps were sold five different times in 1994 and the total amount sold to help support our missions was \$345.49. The year-to-date total now is \$13,897.66 Praise God from whom all blessings flow!

Please continue to collect your stamps within your societies and encourage others from your church to join. Please share with them how to trim the stamps leaving a quarter inch around the stamp. The perforation on the stamp must be intact, if the perforation is missing the stamps cannot be sold.

What a blessing to have the opportunity to collect our stamps and help those in need. Please continue in this mission as we serve the Lord with gladness! In Christ, Shirley H. & Mary S.

Please place the stamps in the LWML MITE box!! Thank so much!



LWML-LADIES' GUILD "Serve the Lord with Gladness"

We had more discussion on the Banquet and began preparing some decorations and agendas. The banquet will be August 9th. Please watch you bulletins for upcoming ticket sales. Times and menu will be announced soon as well.

Fall activities include the Zone 2 Rally—Gwinn, Camp Luther Retreat, LWML Supper, etc.

We pray everyone will enjoy summer and activities, safe travels, and our beautiful country.

Praise God and Pastor for all the special services and efforts with church officers to make our church run so smoothly.

Hope everyone has a Blessed Fourth of July!!

UPCOMING DATES

Monthly Meeting—July 12^{th} VBS—August $2^{nd} - 6^{th}$, from 9 a.m. to noon Outdoor Service with Church picnic—August 8th Ladies Banquet—August 9th Swedish Meatball Dinner-Sept. 26th

We welcome all ladies of the congregation to join us in any and all activities.

> God Bless Serve the Lord with Gladness Caren, LWML gals, and Pastor





Our Redeemer Children, Youth and Family Ministries

- <u>Sunday School</u> Every Sunday @ 10:15 a.m. Sept. through May. All children are welcome!
- Youth Confirmation Class Wednesdays 5:30 p.m. Sept. through May.
- Bible Study Opportunities Sundays, 10:15 a.m. Thursdays, 10:00 a.m.

VISIT WWW.CAMPLUTHER.COM FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THESE WONDERFUL OPPORTUNITIES.



Feeling underutilized or mundane? Looking to get out and get your hands dirty? Ready to make a real difference? It's time to join the hundreds of volunteers that impact the ministry of Camp Luther each year! Put simply, Camp Luther would not be what it is without thousands of hours of volunteer service. As a volunteer, you'll use your skills (or learn new ones!) to make a tangible difference, helping kids, families, and staff grow in their faith. What you'll get in return

is an immense sense of accomplishment, knowing you are serving Jesus and helping the ministry of Camp Luther continue (not to mention fellowship and free housing). Get started with one of these opportunities to serve at Camp this spring and summer!

RV Volunteers, Summer 2021 Do you like to volunteer? Do you have an RV? Each summer Camp Luther hosts incredible people who help to make Camp Luther a better place. RV Volunteers stay for one or two weeks and commit to serving a minimum of half days during their stay. Our RV hosting site has hookups for water and septic. Most meals are available in the Camp Luther Dining Hall throughout your stay. It's great fun and great support of the Camp Luther ministry! For information, contact Brian "Snowcat" Scheid,

Director of Maintenance and Improvements at <u>715-546-3647</u> or email <u>snowcat@campluther.com</u>.

Anytime volunteers, September – December Camp Luther welcomes adults and couples to assist with light construction, painting, repairs, landscaping, clean-up, and other projects. Through your service, Camp Luther is able to provide incredible experiences to children, families, and groups! To become a Camp Luther Volunteer, contact Brian "Snowcat" Scheid, Director of Maintenance and Improvements at <u>715-546-3647</u>, or email <u>snowcat@campluther.com</u>. Housing is available at no cost and meals may be provided depending on the Camp schedule. Thank you for serving at Camp!

Camp Luther summer youth camps provide an incredible, faith-filled experience for campers from Kindergarten all the way through High School. It's their goal that everyone who attends Camp Luther is encouraged and strengthened in their faith through authentic community, outstanding staff, experiential activities, and intentional faith building. Come experience the power of camp this summer!

Currently, we're planning to limit the number of on-site campers each week to 60% of our normal capacity. This change, combined with restrictions in camper group sizes, means that we'll be limiting the number of specialty programs we offer this summer. Visit our website for all summer camp opportunities!



PLEASE WATCH OUR WEBSITE AND FACEBOOK PAGE FOR UPDATES!

Serving in God's House This Month

The 9:00 a.m. Divine Service is being live streamed on the Our Redeemer Facebook page<u>www.facebook.com/ourredeemerkingsford</u>. A link to the bulletin will be available as well.

| J | u | ly | 4 |
|---|---|----|---|
| _ | _ | | - |

9:00 am Elders: David M. & Jim R. Organist: Don H.

July 11

- 9:00 am Elders: Gary P. & Damian T. Organist: Marian V.
- July 18
- 9:00 am Elders: Mark M. & Damian T. Organist: Don H.

July 25

9:00 am Elders: Gary P. & Mark M. Organist: Don H.

Altar Guild for July:

Carol L. & Carol T.

PROTECTING EACH OTHER DURING COVID-19

As we return to worship services, we all need to do our part to safeguard our neighbors. It is who we are as Christians. When attending service, please plan on doing the following: Stay home if you have ANY of these symptoms:

o A fever
o Chills
o A dry cough
o Shortness of breath
o Sore throat
o New loss of taste &/or smell
We encourage wearing a mask. Masks are
available on the Welcome Kiosk
Stop at the Welcome Kiosk hand washing station
to wash your hands and pick up bulletin.

Wednesday Divine Service 7:00 P.M. *Digital Music*

July 7 Elder: Dana B.

July 14 Elder: Dana B.

July 21 Elder: Damian T.

July 28 Elder: Gary P.

ATTENDANCE TOTALS

| Wednesday, May 26 (7:00 PM) | 10 |
|------------------------------|-----|
| Sunday, May 30 (9:00 AM) | 72 |
| Wednesday, June 2 (7:00 PM) | 13 |
| Sunday, June 6 (9:00 AM) | 102 |
| Thursday, June 9 (7:00 PM) | 7 |
| Sunday, June 13 (9:00 AM) | 73 |
| Wednesday, June 16 (7:00 PM) | 15 |
| Sunday, June 20 (9:00 AM) | 78 |
| Wednesday, June 23 (7:00 PM) | 14 |
| Sunday, June 27 (9:00 AM) | 75 |

THE REDEEMER READER

Health and Wellness Ministry

July

Dementia People with dementia, begin to forget things and have problems doing everyday tasks. Here is what you can do to help yourself.

• Get regular checkups and take your medications as prescribed.

- Eat healthy foods and try to exercise every day.
- Rest when you are tired.
- Drink less alcohol.
- Join a support group. The Alzheimer's Association can help.
- Do the activities you like as long as you are able to.
- Have a plan for emergencies or call 911.

Ask your doctor what medicines may help slow down the dementia.

Ask your doctor about day programs that keep you active.

Call your doctor it there are big changes in how you are acting or what you are thinking.

Contact the Alzheimer's Association Safe Return to get an ID bracelet at 1-888-572-8566.

Caregivers Taking care of people with dementia is hard. Here is what you can do.

- Always address the person by name.
- Create a daily routine by waking up, bathing, dressing, eating and going to bed at the same time each day.
- Use Velcro closures on clothing. They are easier than buttons and zippers.
- Create a safe and supportive home. Limit access to dangerous places. Have an even level of light in hallways and nonskid strips in the bathroom.
- Have a list of emergency phone numbers.
- Ask the doctor what stage the patient is in and what to expect.

Ask the doctor if all tests were done to be sure dementia is no caused by something that can be fixed or reversed. Ask the doctor about the medical care.

Ask the doctor what medicines to give and how to give medicines.

Ask the doctor about planning for the future, and of life decisions and hospice care.

Call the doctor if there are big changes in how the person is acting or thinking.

Opioid-induced Constipation Some pain medicines can make you constipated. Being constipated is when you only have a bowel movement (BM) about 2 times a week. Here's what you can do to help your constipation.

- Drink at least 8 glasses of water every day.
- Do not eat foods with a lot of fat.
- Do not eat foods with a lot of sugar.
- Walk or exercise at least 30 minutes a day.
- When you get the urge Go!
- Don't hold it until you get home.

Call your doctor right away if you have diarrhea, feel confused, still can't move your bowels, have stomach pain, or have nausea and vomiting.

Eat 25-30 grams of fiber every day. How much is that?

Food How much fiber?

Black beans 1 cup has 15 grams of fiber

All Bran cereal 1/2 cup has 10 grams of fiber

Corn 1 cup has 4 grams of fiber

Oatmeal 1 cup has 4 grams of fiber

Banana 1 medium has 3 grams of fiber

Whole wheat bread 1 slice has 2 grams of fiber

Ask your doctor what medicines may help you make a bowel movement.

Things to ask your doctor about constipation:

- How serious is constipation?
- What medicines can I take to move my bowels?
- What are the side effects of medicines that help me move my bowels?
- Is it safe to use a laxative from the drugstore to help move my bowels?
- Will the constipation go away on its' own?
- Will the constipation keep coming back?



LCMS- Stewardship-Ministry-Newsletter Article—July

"For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery" (Galatians 5:1).

We celebrate this month because of the freedoms and liberties our country has afforded us. We are right to do this. We should be thankful for these liberties – the freedom to gather together to worship and to live out what believe in our daily lives.

But freedom and liberty in our age have devolved. It has become a freedom from duty instead of a freedom for it. Indeed, freedom and liberty in our age has turned into licentiousness – a license to do what we want, when we want. This license is a submission again to a yoke of slavery. For freedom as license to do what we desire when we desire it means we are slaves to our desires and slaves to our passions.

Christ died to set us free from our desires. In Holy Baptism, our Old Adam is drowned and put to death along with all sin and evil desires so that a new man may arise and live before God in righteousness and purity. In Christ, we are a new creation. We are set free from the passions of the flesh so that we are free to do our duty and bear fruits of the Spirit.

Our duty is what God calls us to do as members of a family, society, and the Church. God calls us to believe in His Word and gladly hear and learn it. He calls us to pray for all people. He calls us to live in faith toward Him and in fervent love for our neighbor. He calls us to put the gifts He gives to us in His service. God calls parents provide for their children and raise them in the fear and admonition of the Lord.

And God calls children to honor their parents and provide and care for them when they are no longer able to do so themselves. God calls the government to punish those who do evil and to reward those who do good. He calls citizens to pay their taxes and honor the governing officials as God's servants. He calls pastors to preach and teach the Gospel, repentance for the forgiveness of sins. And He calls hearers to support those who teach them with every good thing.

Christ died to set us free from the works of our selfish flesh, giving us the freedom and liberty to do our duty. Stand firm, then, and do not submit again to a yoke of slavery.



Birthday Blessings

July Birthdays

- 2 Wendy L.
- 3 Aaliyah H.
- 5 Miles L.
- John M. 6 Larry K.
- Hope S.
- 7 Paige B. Tony C. Pearl K.
- 9 Paul S.
- 10 Marsha S.
- 11 Lynne C. Roxanne M. Ethan R. Patti W.
- 12 Richard S.
- 13 Mac F.
- 14 Benjamin F. Ketan G. Chynna W.
- 15 Megan A. John S.
- 17 Doug J.
- 18 Cathey A. Brandon W.
- 20 Gladys B. Jacob B. Molly P. Jaden T.
- 21 Chris K. David M.
- 23 Wyatt M. Allen P.
- Debra P. 24 Krista F.
- Dawn S.
- 25 Brynnly S.

- 28 Ann G.
- 29 Bill B. Ashley L. Pastor Tom M. Christian M. Maria Lorena R.

"Rejoice with those who Rejoice"

-Romans 12:15

- 30 Jacki B.
- 31 Sharon A. Jennifer H.

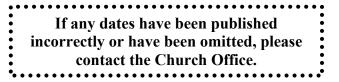
Anniversary Prayer

O Lord, Your mercies are new every morning. We thank you for another year of life together for those we mention before you. We ask you to keep them open to receive always more of your love that their love for each other may never grow weary but deepen and grow through every joy and sorrow shared; for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.



July Anniversaries

- 2 Dean & Linda G. II
- 7 Jim & Carol C.
- 9 Jacob & Calyn M.
- 10 Jim & Lisa R. Brian & Maria Lorena R.
- 11 John & Barbara M.
- 22 William & Jade P.



| OUR REDEEMER | | July 2021 | | <u>Church Office Hours:</u> Tuesday, Wednesday, Thursday 8:00 A.M2:00 P.M. <u>Pastor Ruesch's Office Hours:</u> Monday-Wednesday 9:00 A.M 12:00 P.M. or by Appointment | | |
|--|--|---|--|---|-------------------------------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Worship Services in bold print. Holy Communion is offered at every Divine Service. (Marked with an asterisk*) | | | | 1 10:00 A.M. Bible Study | 2 Pastor's Day Off | 3 |
| 4 5th S. after Trinity 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study | 5 6:30 P.M. Board of Elders | 6 | 7 9:00 A.M. Service at Maryhill Manor 7:00 P.M Divine Service* | 8 10:00 A.M. Bible Study | 9 Pastor's Day Off | 10 |
| 11 6 th S. after Trinity 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study | 12 1:00 P.M. Ladies' Guild | 13 6:30 P.M. Joint Elders/Council Meeting | 14 7:00 P.M Divine Service* | 15 10:00 A.M. Bible Study | 16 Pastor's Day Off | 17 |
| 18 7th S. after Trinity 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study | 19 <i>Newsletter Deadline</i> 6:30 P.M. Church Council | 20 | 21 10:00 A.M. Altar Guild 7:00 P.M Divine Service* | 22 10:00 A.M. Bible Study | 23 Pastor's Day Off | 24 |
| 25 8th S. after Trinity 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Quarterly Voters' Meeting | 26 | 27 | 28 7:00 P.M Divine Service* | 29 10:00 A.M. Bible Study | 30 Pastor's Day Off | 31 |

Our Redeemer Lutheran Church 420 West Breitung Avenue Kingsford, MI 49802

ELECTRONIC SERVICE REQUESTED

NONPROFIT ORG. U.S. POSTAGE PAID IRON MOUNTAIN, MI PERMIT NO. 196

OUR REDEEMER ON BREITUNG

Ministry Staff

Rev. Matthew Rueschw: 906-774-1844c: 906-396-7401PastorE-mail: pastor@ourredeemerkingsford.org

Renee Wilson Secretary

w: 906-774-1844 E-mail: <u>secretary@ourredeemerkingsford.org</u> Hours: Tues., Weds., Thurs. 9:00 a.m.- 3:00 p.m.

Here to Serve!