May A+D 2021 Volume 97, Issue 5



OUR REDEEMER ON BREITUNG

Our Redeemer Lutheran Church 420 W. Breitung Ave. Kingsford, MI 49802 (906) 774-1844

www.ourredeemerkingsford.org Facebook: /ourredeemerkingsford

Schedule of Services Sundays:

Divine Service* 9:00 A.M.
Fellowship 10:15 A.M.
Bible Study & Sunday 10:30 A.M.
School

Wednesdays:

Divine Service 7:00 P.M.

*The Sunday Divine Service will also be streamed on Facebook Live. Access the livestream by visiting us at facebook.com/ourredeemerkingsford.

Our Redeemer Lutheran Church is a congregation of The Lutheran Church—Missouri Synod, a denomination of nearly 2 million members in the United States and Canada. Learn more about The LCMS by visiting its website at lcms.org or on Facebook at facebook.com/TheLCMS.

From the Pastor's Desk

"God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling."

- Psalm 46:1-3 (ESV)

The month of May means that it's time for Confirmation here at Our Redeemer! We give thanks to God that this year four young people will stand before the altar on May 16th and "confirm" the faith that was first given to them when they were baptized. It's always a joyous day in our congregation. We're even going to get a cake to go with coffee to be served after the service. (On a related note, beginning this month, we're once again inviting people to stay after the service for coffee, juice, and a "pre-packaged" treat.)

Confirmation has always been one of those things that brings me tremendous joy, but also a level of concern. I don't think that we always pay attention to what we're asking these children to do. I try my hardest to get them to grasp the enormity of what they're being asked to do, but it's a struggle. We're bringing them before the altar of God and having them vow to hold fast to their faith. Consider this question that these young people will be asked that Sunday:

"Do you intend to continue steadfast in this confession and Church and to suffer all, even death, rather than fall away from it?"

(Lutheran Service Book, pg. 273)

That's a big ask of people who are so young. It's also a pledge that was made by every one of us who are communicant members of Our Redeemer. How can we expect these youth to make such a promise? How can we ourselves hope to remain faithful, even to the point of death?

We're finding ourselves in a world that is increasingly hostile to what we do as a congregation. It opposes the truth that we teach on a whole host of issues. It tries to divide us into identity groups that allow us to claim status as victims. Meanwhile the Church proclaims the truth of our shared identity as God's beloved children redeemed by the blood of Jesus Christ our Lord. The world despises that message and it despises *you* for holding fast to that message.

Though the assaults we face in our present day may seem new to us, they're really nothing new. The devil has waged war against the Church since its beginning. Satan uses his influence in the world to try to drive a wedge between us and the God who loves us.

"God is our refuge and strength, a very present help in trouble." (Psalm 46:1) In His Word...in His promises...in His gifts, He gives us all that we need to stand against the world, the devil, and our sinful flesh. He gives us Jesus. And Jesus gives all of Himself for you. His life...His death...His resurrection...His promise to come again when all is said and done.

The Lord be with you as we stand together, "steadfast in this confession and Church" where God provides us "refuge" and strengthens us to say, "we will not fear!" (Psalm 46:2)

In Christ our Lord,

Pastor Kuesch

Pastor Ruesch



Board of Missions

We are planning our fundraising for 2021 and will again have our Swedish Luncheon, tentatively scheduled Sunday, September 26th. We will be actively recruiting volunteers for this event. Also, consider our ongoing fundraising at Giving Bean Coffee and Rada Cutlery. Giving Bean coffee can be accessed at the ORLC website under Helping Hands. Rada Cutlery can be accessed at www.radafundraising.com and selecting "your fundraising group" as Our Redeemer Michigan. There are also catalogues of the cutlery with order blanks on the table in the narthex.

Thank you for your continued support. Please call the church office if you have any needs that Helping Hands may assist with.

Helping Hands would like to thank members who ordered from Rada Cutlery's Our Redeemer Fund page so far. We raised \$279!

Next Meeting: To Be Announced Yours in Christ, Carol T., Board of Missions Chair



Confirmation Sunday is May 16th. Please keep our Confirmands in your prayers.

***NOTE: Attendance is traditionally higher on Confirmation Sunday. If you are uncomfortable being in the church with a larger number of people than on a regular Sunday, we invite you to join us the following Wednesday (5/19) at 7:00 P.M. where attendance is significantly lower.



Our Redeemer has been asked to renew its commitment to the Northern Lights YMCA's capital campaign.

Our Redeemer's commitment is \$750.00. We're looking for members of our church who would like to contribute toward that commitment with a donation. Our congregation is recognized with a banner hanging in the weight room at the YMCA.

Your donations to the Northern Lights YMCA "make Dickinson County better through programs focused on Youth Development, Healthy Living, and Social Responsibility." Donations can be dropped off at the church office. Please make checks out to "Our Redeemer Lutheran Church" with "YMCA Campaign" on the memo line. Thank you in advance!



OFFICIAL ACTS OF THE CHURCH

Funeral

Tom Loomis April 10, 2021

Transfer In

Robert Roska April 13, 2021

ECONO/SUPER ONE RECEIPTS

Have you been saving grocery slips? Have you been turning them into Our Redeemer? There is a large white bucket under the LWML card table labeled for Econo/Super One slips. We receive 1% of each \$1.00 you spend on groceries through their rebate programs. Sherry C. has graciously been tallying them up. The money goes into the Youth Program checking account. We use the money to sponsor our Compassion Child which is \$480 a year. There is also a container for stamps & ink cartridges however, they only accept Inkjets (they DO NOT accept Laser/Toner cartridges). Your support is greatly appreciated. We no longer take Campbells soup labels as Campbells has discontinued its labels for education program.

STAMPS FOR MISSIONS

Our Lutheran women's Missionary League began collecting used postage stamps in 1993 when The Lutheran Church—Missouri Synod office in St. Louis, Missouri, ended this project. Our North Wisconsin District has worked with many different gentlemen over the years to sell our stamps. We are currently taking our stamps to a gentleman in Green Bay.

Our stamps were sold five different times in 1994 and the total amount sold to help support our missions was \$345.49. The year-to-date total now is \$13,897.66 Praise God from whom all blessings flow!

Please continue to collect your stamps within your societies and encourage others from your church to join. Please share with them how to trim the stamps leaving a quarter inch around the stamp. The perforation on the stamp must be intact, if the perforation is missing the stamps cannot be sold.

What a blessing to have the opportunity to collect our stamps and help those in need. Please continue in this mission as we serve the Lord with gladness! In Christ, *Shirley H. & Mary S*.

Please place the stamps in the LWML MITE box!! Thank so much!



<u>LWML-LADIES' GUILD</u> "Serve the Lord with Gladness"

April showers, May flowers—however all we have to do is get rid of snow flurries and cold winds and we can reap the benefits of sun & fun.

The highlight spring event was the Heart-to-Heart Retreat at Camp Luther April 10th. It was WONDERFUL three ladies; Gloria S., Sue P., and Caren E. attended along with Keynote speaker Heather R. and her mon, and daughter. What a jov! Theme was cultures and generations, so Heather & family and a few others recognized for three generations & several for two generations were in attendance, AMAZING! Heathers' talk was "Connecting Cultures & Generations in the body of Christ" plus her beautiful songs and leading us in joyous singing. Pastor Doug Reinders spoke of leaving our comfort zone to share the gospel. His personal experiences in Holland, Paris, and Russia during his military time. Rebecca Edler gave a wonderful talk on her involvement with the "Indian Tribes in No. Wisconsin." Highly informative and she was so knowledgeable. After lunch in the newly constructed beautiful dining hall at Camp, we had a special visit by First Husband Todd Haltaufderheid who ultimately welcomed his wife Becky-NWD President. She was greeted with standing ovation and gave the president report and update on her medical situation. Prayers to her and her family. In the afternoon the speaker Debby Suchyta spoke of the LGBTQ community and their multiple concerns. Good day

The Spring Zone 2 LWML Rally scheduled for Apr. 24 at Victory Lutheran in Gwinn has been postponed until fall due to rise in covid cases in the UP—according to Dee Mattson Zone 2 Pres

Discussion was held regarding up-coming Ladies Banquet (fall not spring this year) Aug. 9th Members are asked to come prepared with ideas, etc., at the May meeting to confirm plans.

Love to have more ladies join us—we have monthly Bible Studies (this month Roxie M. did one on WORRY—in the absence of Barb C.) mites, plan activities for our church, etc., with good discussions and fellowship and prayer. See you May 10th22?

UPCOMING DATES

Monthly Meeting—May 10th Confirmation—May 16th Ladies Banquet—August 9th Swedish Meatball Dinner—Sept. 26th

We welcome all ladies of the congregation to join us in any and all activities.

God Bless Serve the Lord with Gladness Caren, LWML gals, and Pastor



Our Redeemer Children, Youth and Family Ministries

- Sunday School Every Sunday @ 10:15 a.m. Sept. through May. All children are welcome!
- Youth Confirmation Class Wednesdays 5:30 p.m. Sept. through May.
- Bible Study Opportunities Sundays, 10:15 a.m. Thursdays, 10:00 a.m.



VISIT WWW.CAMPLUTHER.COM FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THESE WONDERFUL OPPORTUNITIES.

Feeling underutilized or mundane? Looking to get out and get your hands dirty? Ready to make a real difference? It's time to join the hundreds of volunteers that impact the ministry of Camp Luther each year! Put simply, Camp Luther would not be what it is without thousands of hours of volunteer service. As a volunteer, you'll use your skills (or learn new ones!) to make a tangible difference, helping kids, families, and staff grow in their faith. What you'll get in return

is an immense sense of accomplishment, knowing you are serving Jesus and helping the ministry of Camp Luther continue (not to mention fellowship and free housing). Get started with one of these opportunities to serve at Camp this spring and summer!

Anytime volunteers, September – December Camp Luther welcomes adults and couples to assist with light construction, painting, repairs, landscaping, clean-up, and other projects. Through your service, Camp Luther is able to provide incredible experiences to children, families, and groups! To become a Camp Luther Volunteer, contact Brian "Snowcat" Scheid, Director of Maintenance and Improvements at 715-546-3647, or email snowcat@campluther.com. Housing is available at no cost and meals may be provided depending on the Camp schedule. Thank you for serving at Camp!

RV Volunteers, Summer 2021 Do you like to volunteer? Do you have an RV? Each summer Camp Luther hosts incredible people who help to make Camp Luther a better place. RV Volunteers stay for one or two weeks and commit to serving a minimum of half days during their stay. Our RV hosting site has hookups for water and septic. Most meals are available in the Camp Luther Dining Hall throughout your stay. It's great fun and great support of the Camp Luther ministry! For information, contact Brian "Snowcat" Scheid, Director of Maintenance and Improvements at 715-546-3647 or email snowcat@campluther.com.

75th Anniversary Kick-Off Camp Luther is celebrating 75 years of God's provision and ministry in 2021! You're invited to join the virtual Anniversary Celebration Kickoff event on Sunday, May 9th at 6:00 p.m. on Facebook(Facebook.com/CampLutherWI). The new Community Center will also be dedicated during this event.

We're Hiring! Want to join the Camp Luther team on a year-round or seasonal basis? There are several positions available including: Camp Luther Assistant Cook, KBC Food Service Manager, KBC Food Service Assistant. And Summer Staff positions including: Quest Program Coordinator, Female Counselors, Kitchen & Maintenance Assistant.

Memorial Day Family Retreat (May 28-31) Start your summer at Camp! Enjoy camp fun and spiritual growth, including Bible studies for adults and kids, campfire devotions, and a cookout.

Camp Luther Golf Classic On June 18, 2021, join Camp Luther for the 17th Annual Golf Classic. Enjoy great golf, camp friends, and making a difference by raising money to bring more kids to camp! The day begins at 9:00 am at Rhinelander's Northwood Golf Club. Can't make it but would like to help? Encourage your business or organization to be a hole sponsor. Learn more and register at campluther.com/golf.





PLEASE WATCH OUR WEBSITE AND FACEBOOK PAGE FOR UPDATES!

Serving in God's House This Month

The 9:00 a.m. Divine Service is being live streamed on the Our Redeemer Facebook page www.facebook.com/ourredeemerkingsford.

A link to the bulletin will be available as well.

May 2

9:00 am Elders: Ed T. & Jim R. Organist: Don H.

May 9

9:00 am Elders: Mark M. & Dave M.

Organist: Don H.

May 16

9:00 am Elders: Mark M. & Gary P.

Organist: Marian V.

May 23

9:00 am Elders: Ed T. & Jim R.

Organist: Don H.

May 30

9:00 am Elders: Damian T. & Gary P.

Organist: Don H.

Altar Guild for May:

Sue R. & Tracy V.

PROTECTING EACH OTHER DURING COVID-19

As we return to worship services, we all need to do our part to safeguard our neighbors. It is who we are as Christians. When attending service, please plan on doing the following:

☐ Stay home if you have ANY of these symptoms:

- o A fever
- o Chills
- o A dry cough
- o Shortness of breath
- o Sore throat
- o New loss of taste &/or smell
- We encourage wearing a mask. Masks are available on the Welcome Kiosk
- Stop at the Welcome Kiosk hand washing station to wash your hands and pick up bulletin.
- Sit in designated pews marked with the service time you are attending.

Wednesday Divine Service 7:00 P.M.

Digital Music

May 5

Elder: Damian T.

May 13, Ascension Thursday

Elder: Dave M.

May 19

Elder: Dana B.

May 26

Elder: Dana B.

ATTENDANCE TOTALS

| Holy Thursday, April 1 (7:00 PM) | 32 |
|---|----------------|
| Good Friday, April 2 (1:00 PM) (7:00 PM) | 59 14 |
| Holy Saturday, April 3 (5:00 PM) | 20 |
| Easter Sunday, April 4 (6:30 AM) (8:00 AM) (10:30 AM) | 29 48 72 |
| Wednesday, April 7 (7:00 PM) | 31 |
| Sunday, April 11 (9:00 AM) | 88 |
| Wednesday, April 14 (7:00 PM) | 18 |
| Sunday, April 18 (9:00 AM) | 77 |
| Wednesday, April 21 (7:00 PM) | 15 |
| Sunday, April 25 (9:00 AM) | 88 |





Health and Wellness Ministry

May

What is High Blood Pressure? Blood pressure is the force of blood pushing against blood vessel walls. It is measured in millimeters of mercury (mm Hg). High blood pressure (HBP) means the pressure in your arteries is higher than it should be. Another name for high blood pressure is hypertension. Blood pressure is written as two numbers, such as 112/78 mm Hg. The top (systolic) number is the pressure when the heart beats. The bottom(diastolic) number is the pressure when the heart rests between beats. Normal blood pressure is below 120/80 mm Hg. If you're an adult and your systolic pressure is 120 to 129, and your diastolic pressure is less than 80, you have elevated blood pressure. High blood pressure is a systolic pressure of 130 or higher, or a diastolic pressure of 80 or higher, that stays high over time. High blood pressure usually has no signs or symptoms. That's why it is so dangerous. But it can be managed. Nearly half of the American population over age 20, has HBP, and many don't even know it. Not treating high blood pressure is dangerous. High blood pressure increases the risk of heart attack and stroke. Make sure you get your blood pressure checked regularly and treat it the way your health care provider advises.

Am I at higher risk of developing HBP? There are risk factors that increase your chances of developing HBP. Some you can control, and some you can't.

Those that can be controlled are:

- Cigarette smoking and exposure to secondhand smoke
- Diabetes
- Being obese or overweight
- High cholesterol
- Unhealthy diet (high in sodium, low in potassium, and drinking too much alcohol)
- Physical inactivity

Factors that can't be modified or are difficult to control are:

- Family history of high blood pressure
- Race/ethnicity
- Increasing age
- Gender (males)
- · Chronic kidney disease
- Obstructive sleep apnea

Socioeconomic status and psychosocial stress are also risk factors for HBP. These can affect access to basic living needs, medication, health care providers, and the ability to adopt lifestyle changes.

How can I tell I have it? The only way to know if you have high blood pressure is to get it checked regularly by your health care provider. For proper diagnosis of HBP, your health care provider will use an average based on two or more readings obtained on two or more visits.

What can I do about HBP?

- Don't smoke and avoid secondhand smoke.
- Reach and maintain a healthy weight.
- Eat a healthy diet that is low in saturated and trans fats and rich in fruits, vegetables, whole grains and low-fat dairy products. Aim to consume less than 1,500 mg/day of sodium (salt). Even reducing your daily intake by 1,000 mg can help.
- Eat foods rich in potassium. Aim for 3,500 5,000 mg of dietary potassium per day.
- Limit alcohol to no more than one drink per day if you're a woman or two drinks a day if you're a man.
- Be more physically active. Aim for 150 minutes of moderate-intensity physical activity or at least 75 minutes of vigorous physical activity per week, or a combination of both, spread throughout the week. Add muscle-strengthening activity at least two days per week for more health benefits.
- Take medicine the way your health care provider tells you.
- Know what your blood pressure should be and work to keep it at that level

Visit heart.org/AnswersByHeart to learn more.





LCMS- Stewardship-Ministry-Newsletter Article—May

St. Paul teaches us: "Let the one who is taught the word share all good things with the one who teaches" (Gal. 6:6). And again, he says: "Do you not know that those who are employed in the temple service get their food from the temple, and those who serve at the altar share in the sacrificial offerings? In the same way, the Lord commanded that those who proclaim the gospel should get their living by the gospel" (1 Cor. 9:13–14). In other words, ministers of the Gospel are supported by the offerings of those who are served by them.

And this is how the church lives even now. It is standard practice. But this deserves closer examination. For it instructs us not just *that* we are to give but also *what* we are to give. And it does so with four little words: "In the same way ..."

St. Paul is building his case for supporting the preachers of the Gospel with the sacrificial giving of individual members on the example of the Old Testament people who supported the Levites with their offerings and sacrifices. We're to support the Gospel ministry "in the same way." But how did the Old Testament people support the Levites?

Moses records this: "You shall tithe all the yield of your seed that comes from the field year by year. And before the Lord your God, in the place that he will choose, to make his name dwell there, you shall eat the tithe of your grain, of your wine, and of your oil, and the firstborn of your herd and flock, that you may learn to fear the Lord your God always" (Deut. 14:22–23). The Levites were supported by the tithe, 10 percent of all the yearly yield of that which was harvested.

Does that seem like a lot? Does it surprise you that St. Paul instructs us that we are to support the New Testament Gospel ministry "in the same way?" If it does, ask yourself: Is the church's job in the New Testament bigger or smaller than the Levites' job in the Old Testament? Back then, there was one Temple, and the ministry was almost exclusively located in one nation among the descendants of Abraham. In Matthew 28, Jesus calls us to teach and baptize all nations, and there are churches and ministries all around the world! How could we support this new Gospel ministry with anything less than the Israelites supported the Old Testament ministry?

Of course, we are free to give more, for we have received more than those in the Old Testament. We have received the fullness of God's revelation, the fullness of His salvation, and the fulfillment of everything that God promised to do. For we have received Christ, God's own Son, in the flesh, who took upon himself our sins and in exchange gave us his righteousness. The Father claimed us as his own in Holy Baptism. He gathers us together in the place where his name dwells to feast on the first fruits of the resurrection, the risen and living body and blood of His Son – our Lord Jesus. He reminds us that we are His, that all things are ours because we belong to Him. He blesses us here in time with physical and spiritual gifts.

In the same way – and in response to His fatherly divine goodness and mercy – we gladly give to those who proclaim to us "the excellencies of him who called us out of darkness and into his marvelous light." For once we were not a people, but now we are God's people; once we had not received mercy, but now we have indeed (1 Peter 2:9–10).



Birthday Blessings

May Birthdays

- 1 Tyler V.
- 2 Brandon H.
- 4 Isabella B. Camden M. Daniel O.
- 5 Greg H. Isabelle H. Karen S. Faith W.
- 6 Dana B. Corey P.
- 7 Josh P.
- 8 Cooper M.
- 10 Sharon B. Curtis V.
- 11 Sally C. Ashley K. Donna D.
- 12 Teresa C. Ronald N.
- 17 Nikki B. Ava M.
- 18 Sofia R.
- 20 John E. Dan O. Jeff W.
- 21 Brad R.
- 22 Shelby N. Tyler N.
- 24 Bradley H. Joseph M. Tricia O.
- 25 Barbara C. Gary H. David N. Claire V.

"Rejoice with those who Rejoice" -Romans 12:15

- 26 Jan F. Michael W.
- 27 Emily M.
- 31 Ken J. Rob M. Chris W.

Anniversary Prayer

O Lord, Your mercies are new every morning. We thank you for another year of life together for those we mention before you. We ask you to keep them open to receive always more of your love that their love for each other may never grow weary but deepen and grow through every joy and sorrow shared; for you live and reign with the Father and the Holy Spirit, one God, now and forever. Am

May Anniversaries

- 12 Jim & Amy H.
- 13 Rudy & Lisa V.
- 15 Ronald & Rita N.
- 17 Don & Bev H.
- 18 Swen & Carol S.
- 19 Dave & Shelly T.



If any dates have been published incorrectly or have been omitted, please contact the Church Office.



May 2021

Church Office Hours:

Tuesday, Wednesday, Thursday 8:00 A.M.-2:00 P.M.

Pastor Ruesch's Office Hours:

Monday-Wednesday 9:00 A.M.- 12:00 P.M. or by Appointment

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|----------------------------|---------------------------------------|
| 2 5 th S. of Easter (Cantate) 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study & Sunday School | 3 6:30 P.M. Board of Elders | 4 | 5 10:00 A.M. Service at Maryhill Manor 5:30 P.M. Confirmation 7:00 P.M Divine Service* | 6 10:00 A.M. Bible Study | 7 Pastor's Day Off | 8 |
| 9 6 th S. of Easter (Rogate) 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study & Sunday School | 10 1:00 P.M. Ladies' Guild | 11 | 5:30 P.M. Confirmation | 13 The Ascension of Our Lord 10:00 A.M. Bible Study 7:00 P.M Divine Service* | 14 Pastor's Day Off | 2:00 P.M. Thaler/Woller Wedding |
| 16 7 th S. of Easter (Exaudi) Confirmation Sunday 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study & Sunday School | 17 Newsletter Deadline 6:30 P.M. Church Council | 18 | 19 7:00 P.M Divine Service* | 20 10:00 A.M. Bible Study | 21 Pastor's Day Off | 22 |
| 23 The Day of Pentecost 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study & Sunday School | 24 | 25 | 26 7:00 P.M Divine Service* | 27 10:00 A.M. Bible Study | 28 Pastor's Day Off | 29 |
| 30 The Holy Trinity 9:00 A.M. Divine Service* 10:15 A.M. Fellowship 10:30 A.M. Bible Study | 31 Memorial Day Church Office Closed | Worship Services in bold print. Holy Communion is offered at every Divine Service. (Marked with an asterisk*) | | | | |

Our Redeemer Lutheran Church 420 West Breitung Avenue Kingsford, MI 49802

ELECTRONIC SERVICE REQUESTED

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Ministry Staff

Rev. Matthew Ruesch w: 906-774-1844 c: 906-396-7401 Pastor E-mail: <u>pastor@ourredeemerkingsford.org</u>

Renee Wilson w: 906-774-1844

Secretary E-mail: <u>secretary@ourredeemerkingsford.org</u> Hours: Tues., Weds., Thurs. 9:00 a.m.- 3:00 p.m.

Here to Serve!