

THE REDEEMER READER

February A+D 2021

Volume 97, Issue 2



OUR REDEEMER ON BREITUNG

Our Redeemer Lutheran Church
420 W. Breitung Ave.
Kingsford, MI 49802
(906) 774-1844

www.ourredeemerkingsford.org
Facebook: /ourredeemerkingsford

Schedule of Services:

Sundays:

Divine Service 8:00 A.M.
Bible Study & Sunday School 9:15 A.M.
Divine Service* 10:30 A.M.

Wednesdays:

Divine Service 7:00 P.M.

**This service will also be streamed on Facebook Live. Access the livestream by visiting us at facebook.com/ourredeemerkingsford.*

Our Redeemer Lutheran Church is a congregation of The Lutheran Church—Missouri Synod, a denomination of nearly 2 million members in the United States and Canada. Learn more about The LCMS by visiting its website at lcms.org or on Facebook at facebook.com/TheLCMS.

From the Pastor's Desk

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you."

- Matthew 6:16-18 (ESV)

The month of February means that Lent is just about upon us. Ash Wednesday is February 17th and we will, as is customary, celebrate the Divine Service that evening and offer the imposition of ashes. Placing ashes on our foreheads is just one of many customs associated with the season of Lent. Lutherans don't place obligations on Christians regarding the foods we eat or other practices (as some other traditions do). However, we do recognize fasting as something good and beneficial for the Christian to practice.

It was smack dab in the middle of Lent last year that the pandemic rocked our world and drastically upset the way we live life here at Our Redeemer. Now as Lent 2021 approaches, we're still feeling the effects of COVID-19 and we're probably getting quite weary from all of it. In moments like these—moments of struggle...hardship...disappointment...suffering—the practice of fasting is a fine discipline for training our minds and bodies to do battle against the things that Satan places in our midst.

Here are a few suggestions if you would like to take on fasting during this Lenten season:

1. "Giving something up for Lent" is fine, but simply eating less is better. Some people will "give up" something like chocolate...or fast food...or Facebook for the season of Lent. While this is a fine discipline, fasting traditionally meant depriving yourself of food for a time. Some people will choose to not eat as the day begins and eat their first meal after the sun has gone down and enjoy a large meal with family. Others will simply skip a meal that they would ordinarily eat. The idea is to feel hunger and use it as a means of remembering what Jesus said to Satan in the wilderness: "Man shall not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:11, ESV)
2. Prepare yourself by knowing in advance on which days you will fast. Lutherans throughout history have had different practices and days set aside. You may choose to do it each Wednesday when we have Lenten services. (Sadly, we're not offering Lenten suppers this year. That's a *perfect* way to break your fast: potluck enjoyed with your fellow Christians!)
3. Accompany your fasting with prayer. The Litany on page 288 of *Lutheran Service Book* is great to pray, not just on days of fasting, but on all the days of Lent. Focusing your time on devotions, such as *Portals of Prayer* or an audio devotion like *The Word of the Lord Endures Forever* is tremendously useful. Use the "Our Redeemer Prays" insert in the bulletin which has daily Scripture readings and the names of people to remember in your prayers. Pray to the Lord to give you strength to complete your fasting.
4. Accompany your fasting with giving. Ideally, those who fast are spending less money on food and can therefore give extra to the poor. This practice is known as "almsgiving." Find an individual or organization that could use your generosity.
5. Don't make a spectacle of your fasting. Christians don't fast to impress other Christians. It's a spiritual discipline that Jesus reminds us in the text above is between us and our heavenly Father. Let your fasting be known to yourself and God.
6. Remember that you live under grace! Christians are not obligated to fast! But they are certainly encouraged to do so! You are free to fast or to eat. If you fail in your fast, you live under the cross of Jesus Christ...thanks be to God!

And of course...be sure to include joining us for midweek Lenten services...each Wednesday at 7:00 P.M.!

In Christ our Lord,

Pastor Ruesch

Our Redeemer Helping Hands Fundraiser

Please consider our Giving Bean and Rada Cutlery fundraising groups. Giving Bean coffee can be accessed at the ORLC website under Helping Hands. Rada Cutlery can be accessed at radafundraising.com and selecting "your fundraising group" as Our Redeemer Michigan. There are also catalogues of the cutlery with order blanks on the table in the narthex.

ALTAR GUILD MEMBERS NEEDED:

We are soon to be in the Lenten and Easter season. We are currently down 5 members to serve the Lord and the church on the Altar Guild. Serving is a wonderful opportunity to take care of the objects and places in the Lord's house. Please give prayerful consideration of joining us. Contact the Church Office to be put in touch with an Altar Guild member.

PROTECTING EACH OTHER DURING COVID-19

As we return to worship services, we all need to do our part to safeguard our neighbors. It is who we are as Christians. When attending service, please plan on doing the following:

- ☐ Stay home if you have ANY of these symptoms:
 - o A fever
 - o Chills
 - o A dry cough
 - o Shortness of breath
 - o Sore throat
 - o New loss of taste &/or smell
 - ☐ We encourage wearing a mask. Masks are available on the Welcome Kiosk
 - ☐ Stop at the Welcome Kiosk hand washing station to wash your hands and pick up bulletin.
 - ☐ Sit in designated pews marked with the service time you are attending.
-

Board of Missions

Hello,

Just a reminder that the Helping Hands of the Board of Missions is here to serve members of our congregation and the community through providing assistance for minor home repairs, yard work, and other small projects (wheelchair ramps are referred to Habitat for Humanity). Helping Hands also provides funding for our annual Thanksgiving Baskets.

Currently, we have a fund balance for Helping Hands of \$1807. We currently have a fundraiser going with Rada Cutlery.

Please consider making a donation of any amount during this year. You may make out a check to Our Redeemer Helping Hands and mail it to the church or drop it in the collection basket after services. We hope you will prayerfully consider this donation.

Next Meeting: Feb. 6, 2021, @ 9:00 a.m.

Yours in Christ,
Carol T., Board of Missions Chair

OFFICIAL ACTS OF THE CHURCH

Funeral

Bruce Bilgreen January 7, 2021

Transfer In

Sheri Vales January 19, 2021

ECONO/SUPER ONE RECEIPTS

Have you been saving grocery slips? Have you been turning them into Our Redeemer? There is a large white bucket under the LWML card table labeled for Econo/Super One slips. We receive 1% of each \$1.00 you spend on groceries through their rebate programs. Sherry C. has graciously been tallying them up. The money goes into the Youth Program checking account. We use the money to sponsor our Compassion Child which is \$480 a year. There is also a container for stamps & ink cartridges however, they only accept Inkjets (they DO NOT accept Laser/Toner cartridges). Your support is greatly appreciated. **We no longer take Campbells soup labels as Campbells has discontinued its labels for education program.**



LWML-LADIES' GUILD

"Serve the Lord with Gladness"

Happy New Year and Happy 80th birthday to me—I was surprised and honored with cake, coffee, and roses at our regular Jan 11th meeting. What a thrill!! Thank you all so very much!

Welcome was given to all and "Smile" was opening devotion from Sue Pfeil in our Mission Tidings. Smile emphasized the importance of smiling with our eyes (since our mouths are covered with masks!) Very uplifting and encouraging article. "Bless someone's life today by just giving them that smile with loving crinkling eyes and say a prayer that they know the love of our great and awesome God".

Roxie M. led the Bible Study in the absence of Barb C. "Hope" was the topic!! So appropriate! Highlights were shared from *Mission Tidings*.

We hope we are able to attend the Spring Retreat at Camp Luther—Apr. 9 & 10. Our Heather R. is keynote speaker.

No date is set yet for the Zone 2 Rally which is scheduled to be held in Laurium.

Since several members were absent at the Dec. meeting—we decided to have a 2nd LOVE Offering for St. Vincent's food pantry. The 1st offering of \$100 was given in Dec. Anyone interested in donating please contact a Ladies' Guild member.

The Feb meeting will be Feb. 8th. We are planning special Valentine treats for all! We will also begin discussing the Ladies Spring banquet. Again, all COVID precautions being considered.

Hope, hope, hope is general theme throughout this whole report. Remember to do your best to stay sage & healthy—SMILE & know—Our GOD is with us and will bring us through!

Blessings to all—
Caren, LWML Pres.

STAMPS FOR MISSIONS

Our Lutheran women's Missionary League began collecting used postage stamps in 1993 when The Lutheran Church—Missouri Synod office in St. Louis, Missouri, ended this project. Our North Wisconsin District has worked with many different gentlemen over the years to sell our stamps. We are currently taking our stamps to a gentleman in Green Bay.

Our stamps were sold five different times in 1994 and the total amount sold to help support our missions was \$345.49. The year-to-date total now is \$13,897.66 Praise God from whom all blessings flow!

Please continue to collect your stamps within your societies and encourage others from your church to join. Please share with them how to trim the stamps leaving a quarter inch around the stamp. The perforation on the stamp must be intact, if the perforation is missing the stamps cannot be sold.

What a blessing to have the opportunity to collect our stamps and help those in need. Please continue in this mission as we serve the Lord with gladness! In Christ, *Shirley H. & Mary S.*

Please place the stamps in the LWML MITE box!! Thank so much!

Our Redeemer Children, Youth and Family Ministries

- Sunday School Every Sunday @ 9:15 a.m. Sept. through May. All children are welcome!
- Youth Confirmation Class Wednesdays 5:30 p.m. Sept. through May.
- Bible Study Opportunities Sundays, 9:15 a.m. Thursdays, 10:00 a.m.



VISIT WWW.CAMPLUTHER.COM FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THESE WONDERFUL OPPORTUNITIES.

JUNIOR COUNSELOR APPLICATIONS DUE FEBRUARY 1ST! As a Junior Counselor, you will spend two weeks volunteering at camp. They will be some of the hardest and best weeks of your life. We've made some changes to our Junior Counselor program for Summer 2021, but you can be sure the incredible faith growth, personal development, and lasting friendships will remain.

APPLY FOR SUMMER STAFF 2021 Serving at camp is one of the most impactful, life-changing jobs you'll ever have. Be the person you needed when you were younger. Join a close-knit community of people led by full-time staff committed to your personal development and support. The life that changes just might be your own. We're currently hiring around 35 college-aged staff to serve as Counselors, Leadership Staff, and Support Staff (kitchen & maintenance). **APPLY NOW!**

SUMMER CAMP REGISTRATION NOW OPEN!

Registration for summer camps is now open! Check out www.cmapluther.com/summer2021 to learn everything you need to know about registration. We hope to see you in the summer!

PROGRAM CHANGES:

We're currently planning to limit the number of on-site campers each week to 60% of our normal capacity. This change means that we've reduced the number of specialty programs we plan to offer this summer. You can learn more about our Summer 2021 program schedule, including session dates and prices, on our website, here. Some important changes we want everyone to be aware of:

- No Retreat Center weekend programs this summer (to accommodate additional cleaning requirements in between different weeks of camp). We still want to give the youngest campers an opportunity to come to camp, so check out our weekday Explorer sessions (Grades 1-3) and our weekend Kindercamp Villages program (ages 4-7).
- No KBC camper programs, but high schoolers can check out our awesome High School Week for intentional community, crazy awesome activities, and deep faith talks.
- Village Glamping and Family Fun Days on various weekends throughout the summer, so the whole family can get in on the fun!
- Since the 4th of July is on a Sunday this year, we're offering a special Monday-Friday Pathfinder session July 5-9. This could be a good option if your camper is testing the waters of a week-long camp for the first time.

How to Register:

Our registration process has moved completely online. Register, fill out your forms, and pay your balance all in one place! Visit our website to access online registration and read our full registration policies. If you have already created an account for our online registration system, please use that account to complete the registration process. (You'll receive a reminder email with your log-in details on December 28th.) Otherwise, you will need to create a new account. Once in the system, follow the instructions to register for your chosen program.

If you rolled over your Summer 2020 payment or received an Every Kid to Camp certificate in 2020, you will be receiving a separate email explaining how to redeem those for Summer 2021.

Lastly, please don't hesitate to let us know if you encounter any problems with the registration process. You can email office@campluther.com or call our office at 715-546-3647. We're here to help! Our office will be closed December 31-January 3. If you call or email during that time, we'll get back to you as soon as we can starting on January 4th.

**PLEASE WATCH OUR WEBSITE AND
FACEBOOK PAGE FOR UPDATES!**



Serving in God's House This Month

Sunday Divine Service: 8:00 and 10:30 A.M.
"Drive-In" Service Transmitted into the
parking lot during the 10:30 A.M. Service
Tune your radio to 107.1 FM

February 7

8:00 am Elder: Gary P.
Organist: Don H.
10:30 am Elder: Mark M.
Organist: Don H.

February 14

8:00 am Elder: Ed T.
Organist: Don H.
10:30 am Elder: Damian T.
Organist: Don H.

February 21

8:00 am Elder: Gary P.
Organist: Marian V.
10:30 am Elder: Damian T.
Organist: Marian V.

February 28

8:00 am Elder: Jim R.
Organist: Don H.
10:30 am Elder: Mark M.
Organist: Don H.

Altar Guild for February:
Gloria S.

Wednesday Divine Service 7:00 P.M.
Digital Music

February 3, 7:00 pm

Elder: David M.

February 10, 7:00 pm

Elder: David M.

February 17, 7:00 pm

Elder: Dana B.

February 24, 7:00 pm

Elder: Dana B.

ATTENDANCE TOTALS

Thursday, December 31 (7:00 PM)	20
Sunday, January 3 (8:00 AM)	25
In (10:30 AM)	53
Out (10:30 AM)	1
Wednesday, January 6 (7:00 PM)	22
Sunday, January 10 (8:00 AM)	17
In (10:30 AM)	39
Out (10:30 AM)	0
Wednesday, January 13 (7:00 PM)	9
Sunday, January 17 (8:00 AM)	32
In (10:30 AM)	33
Out (10:30 AM)	3
Wednesday, January 20 (7:00 PM)	13
Sunday, January 24 (8:00 AM)	28
In (10:30 AM)	29
Out (10:30 AM)	0

Coronary Heart Disease Also known as Coronary Artery Disease, Coronary Microvascular Disease, Coronary Syndrome X, Ischemic Heart Disease, Nonobstructive Coronary Artery Disease, Obstructive Coronary Artery Disease Heart disease is a catch-all phrase for a variety of conditions that affect the heart's structure and function. Coronary heart disease is a type of heart disease that develops when the arteries of the heart cannot deliver enough oxygen-rich blood to the heart. It is the leading cause of death in the United States.

Coronary heart disease is often caused by the buildup of plaque, a waxy substance, inside the lining of larger coronary arteries. This buildup can partially or totally block blood flow in the large arteries of the heart.

Symptoms of coronary heart disease may be different from person to person even if they have the same type of coronary heart disease. However, because many people have no symptoms, they do not know they have coronary heart disease until they have chest pain, a heart attack, or sudden cardiac arrest.

If you have coronary heart disease, your doctor will recommend heart-healthy lifestyle changes, medicines, surgery, or a combination of these approaches to treat your condition and prevent complications.

Causes- Coronary Heart Disease

There are three main types of coronary heart disease: obstructive coronary artery disease, nonobstructive coronary artery disease, and coronary microvascular disease. Coronary artery disease affects the large arteries on the surface of the heart. Many people have both obstructive and nonobstructive forms of this disease. Coronary microvascular disease affects the tiny arteries in the heart muscle. The cause depends on the type of coronary heart disease.

Risk Factors- Coronary Heart Disease

There are many risk factors for coronary heart disease. Your risk of coronary heart disease goes up with the number of risk factors you have and how serious they are. Some risk factors—such as high blood pressure and high blood cholesterol—can be changed through heart-healthy lifestyle changes. Other risk factors, such as sex, older age, family history and genetics, and race and ethnicity, cannot be changed.

Signs, Symptoms, and Complications- Coronary Heart Disease

Some people have severe symptoms of coronary heart disease. Others have no symptoms at all. If you have “silent” coronary heart disease, you may not have any symptoms until you have a heart attack or other complication.

Signs and symptoms - Coronary Heart Disease

An acute coronary event, such as a heart attack, may cause the following symptoms:

- Angina, which can feel like pressure, squeezing, burning, or tightness during physical activity. The pain or discomfort usually starts behind the breastbone, but it can also occur in the arms, shoulders, jaw, throat, or back. The pain may feel like indigestion.
- Cold sweats
- Dizziness
- Light-headedness
- Nausea or a feeling of indigestion
- Neck pain
- Shortness of breath, especially with activity
- Sleep disturbances
- Weakness

Women are somewhat less likely than men to experience chest pain. Instead, they are more likely to experience:

- Dizziness
- Fatigue
- Nausea
- Pressure or tightness in the chest
- Stomach pain

Women are also more likely than men to have no symptoms of coronary heart disease.

Chronic (long-term) coronary heart disease can cause symptoms such as the following:

- Angina
- Shortness of breath with physical activity
- Fatigue
- Neck pain

The symptoms may get worse as the buildup of plaque continues to narrow the coronary arteries. Chest pain or discomfort that does not go away or happens more often or while you are resting might be a sign of a heart attack. If you do not know whether your chest pain is angina or a heart attack, call 9-1-1 right away. All chest pain should be checked by a doctor.

Treatment- Coronary Heart Disease

Your treatment plan depends on how severe your disease is, the severity of your symptoms, and any other health conditions you may have. Possible treatments for coronary heart disease include heart-healthy lifestyle changes, medicines, or procedures such as coronary artery bypass grafting or percutaneous coronary intervention.



LCMS- Stewardship-Ministry-Newsletter Article—February

"I am not commanding you, but I want to test the sincerity of your love by comparing it with the earnestness of others. For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that you through his poverty might become rich" (2 Corinthians 8:8-9).

Without commands or even arm-twisting, St. Paul encourages, even challenges, the Church in Corinth to demonstrate the sincerity of their faith by their generosity in giving. He does this because giving generously is a gift of the Spirit given to us through the Gospel.

St. Paul wrote: "But just as you excel in everything—in faith, in speech, in knowledge, in complete earnestness and in your love for us—see that you also excel in this grace of giving" (2 Corinthians 8:7). In other words, just as we grow in faith and speech and knowledge of eternal things by the Holy Spirit through the Word of God, so also do we grow in giving from the same Spirit through the same Word.

The problem is that the grace of generosity often grows cold in us. It's not so much that we stop giving, but we don't put it first. We treat it like all the other bills that must be paid. It becomes a chore, just one more thing to check off a list of things to do. That empties it of its spiritual power and robs us of the joy that Christ and the Scriptures assign to it.

On top of that, since this generosity is linked to faith and knowledge of divine things, a lack of excelling in giving is sure sign that our faith and knowledge of God are under attack as well.

Thus St. Paul points to the foundation of generosity: the generosity of Christ Himself. Even though He was rich, He became poor so that we who are poor might become rich. Thus, the incarnation, suffering, and death of our Lord on the cross is the reason, source, and driving force for our generosity in giving to the church.

And since Christ who was rich became poor so that we might be rich in His grace—of which generous giving is part—so we also who are rich in His grace can excel in pressing His grace into service toward the gracious work of the church.

Pay attention to what you give to the church so that you may excel at it. And if you find that your heart has grown cold or indifferent toward it, immerse yourself in God's Word. Read it at home. Attend Bible Class. Hear and listen to it preached in the Divine Service. Be reminded of what Christ has done for you in His incarnation, suffering, and death. For this will strengthen your faith and knowledge. And where that excels, so will the grace of giving excel also.



February Birthdays

- 1 Wyatt H.
Vic W.
- 4 Joe H.
- 5 Gary L.
Jennifer W.
- 6 Gina H.
- 7 Ed W.
- 8 Lachlan F.
William P., II
- 9 Tami O.
- 12 Sullivan M.
- 13 Tom L.
Courtney W.
- 14 Jeff S.
- 16 Toni W.
- 17 Carol S.
- 18 Rita N.
Bob P.
Kyle T.
Cindy W.
- 19 Layla M.
Tom W.
- 20 Charles L.
- 21 Bev H.
Michael O.
- 23 Eliza O.
- 24 Kelsey B.
- 25 Sharon T.
- 27 Rob K.

“Rejoice with those who Rejoice”
-Romans 12:15

Anniversary Prayer

O Lord, Your mercies are new every morning. We thank you for another year of life together for those we mention before you. We ask you to keep them open to receive always more of your love that their love for each other may never grow weary but deepen and grow through every joy and sorrow shared; for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.



February Anniversaries

- 1 Raymond & Vic W.
- 14 Curtis & Tracy V.
- 17 Robert & Sharon T.
- 25 Robert & Carol G.
Eric & Ashley L.

**If any dates have been published incorrectly or
have been omitted, please contact the Church
Office.**



February 2021

*****NOTE*****
 PLEASE CHECK THE CHURCH WEBSITE AT
OURREDEEMERKINGSFORD.ORG OR THE
 FACEBOOK PAGE AT
[FACEBOOK.COM/OURREDEEMERKINGSFORD](https://www.facebook.com/OURREDEEMERKINGSFORD)
 FOR COVID-19 RELATED UPDATES.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:30 P.M. Board of Elders	2	3 5:30 P.M. Confirmation 7:00 P.M Divine Service*	4 10:00 A.M. Bible Study	5 <i>Pastor's Day Off</i>	6 9:00 A.M. Helping Hands/Board of Missions
7 <i>Sexagesima</i> 8:00 A.M. Divine Service* 9:15 A.M. Bible Study & Sunday School 10:30 A.M. Divine Service* 11:45 A.M. Voters' Meeting	8 1:00 P.M. Ladies' Guild	9 9:00 A.M. Circuit Pastors' Meeting (via Zoom)	10 5:30 P.M. Confirmation 7:00 P.M Divine Service*	11 10:00 A.M. Bible Study	12 <i>Pastor's Day Off</i>	13
14 <i>Quinquagesima</i> 8:00 A.M. Divine Service* 9:15 A.M. Bible Study & Sunday School 10:30 A.M. Divine Service*	15 <i>Newsletter Deadline</i> 6:30 P.M. Church Council	16	17 <i>Ash Wednesday</i> 5:30 P.M. Confirmation 7:00 P.M Divine Service*	18 10:00 A.M. Bible Study	19 <i>Pastor's Day Off</i>	20
21 <i>1st S. in Lent (Invocabit)</i> 8:00 A.M. Divine Service* 9:15 A.M. Bible Study & Sunday School 10:30 A.M. Divine Service*	22	23	24 <i>Midweek of Invocabit</i> 5:30 P.M. Confirmation 7:00 P.M Divine Service*	25 10:00 A.M. Bible Study	26 <i>Pastor's Day Off</i>	27
28 <i>2nd S. in Lent (Reminiscere)</i> 8:00 A.M. Divine Service* 9:15 A.M. Bible Study & Sunday School 10:30 A.M. Divine Service*	<p>Worship Services in bold print.</p> <p>Holy Communion is offered at every Divine Service. (Marked with an asterisk*)</p>					

Our Redeemer Lutheran Church
420 West Breitung Avenue
Kingsford, MI 49802

NONPROFIT ORG.
U.S. POSTAGE
PAID
IRON MOUNTAIN, MI
PERMIT NO. 196

**ELECTRONIC SERVICE
REQUESTED**

Ministry Staff

Rev. Matthew Ruesch w: 906-774-1844 c: 906-396-7401
Pastor E-mail: pastor@ourredeemerkingsford.org

Renee Wilson w: 906-774-1844
Secretary E-mail: secretary@ourredeemerkingsford.org
Hours: Tues., Weds., Thurs. 9:00 a.m.- 3:00 p.m.



Here to Serve!