

# Family Faith Talk

May 3, 2020

At Home Sunday School for Your Family

## Family Devotion:

Read aloud John 16:16-22.

**Say:** Tell about a time you were sad. How did you become happy again? We all get sad sometimes, but usually our sadness doesn't last too long before we're happy again! In today's lesson, Jesus was talking to his disciples before he died. He said that soon they wouldn't see him and they would be sad, but then after a little while they would see him again and their sorrow (sadness) would turn to joy! Just like Jesus said, when he died his disciples were so sad, but after Jesus rose again, their sorrow was gone and they were filled with joy!

Joy is a lot like happiness. But, happiness can come and go based on what's happening to us or how we feel. Joy is great because we can still be joyful even in hard times, even if we're not happy. We have joy because our Jesus saved us from sin and death and lives forever!

## Today's Bible Story:

Get your family thinking deeper about the story with these discussion starters:

1. Why would the disciples be sad? What would bring them joy again?
2. What is the difference between happiness and joy?
3. We're all in a hard time right now where we can't do many things we enjoy or see many people we love. How can we still be joyful?
4. Why does Jesus' rising from the dead bring us joy?
5. How can we share joy with someone who is full of sorrow (sadness)?
6. What are some ways our family can practice being joyful?

## Family Prayer:

Jesus, sometimes life makes us sad. Help our sadness not last forever. Show us the joy we can have in being your loved children. Help us to spread that joy to others. In your name we pray, Amen.

## This Week's Memory Verse:

You will be sorrowful, but your sorrow will turn to joy.

John 16:20

## Song Suggestions:

Search for these groups on YouTube to find great Sunday school and Scripture songs to sing as a family!

Sunday School Songs Concordia Publishing House (a large collection of songs/hymns by CPH)

Seeds Family Worship (Scripture verses)

Lifetree Kids

Cedarmont Kids (more familiar Sunday school songs)

## Crafts and Activities:

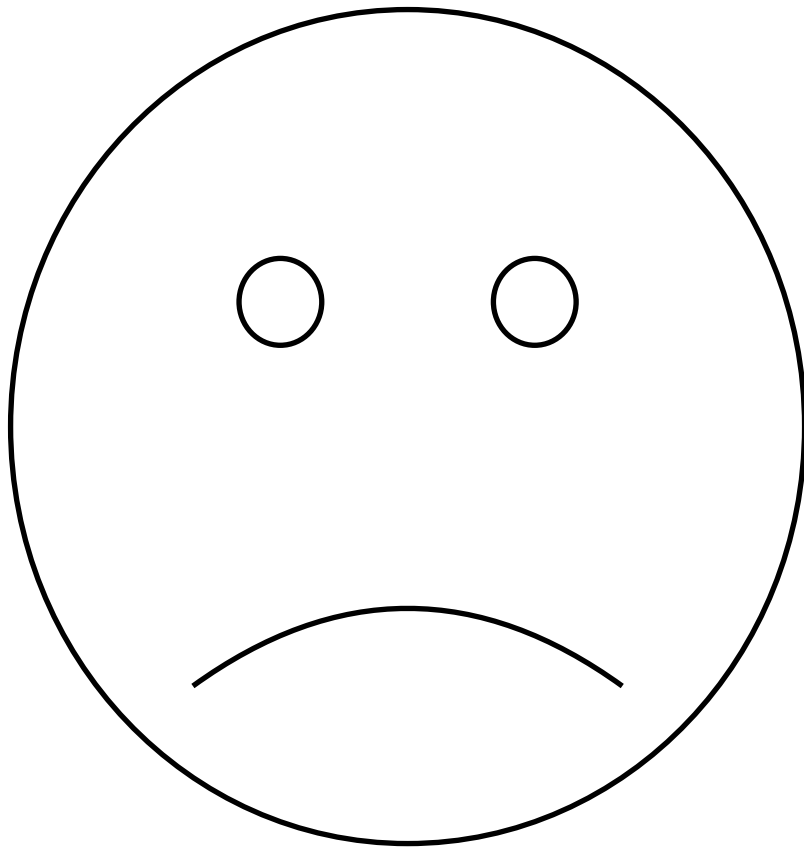
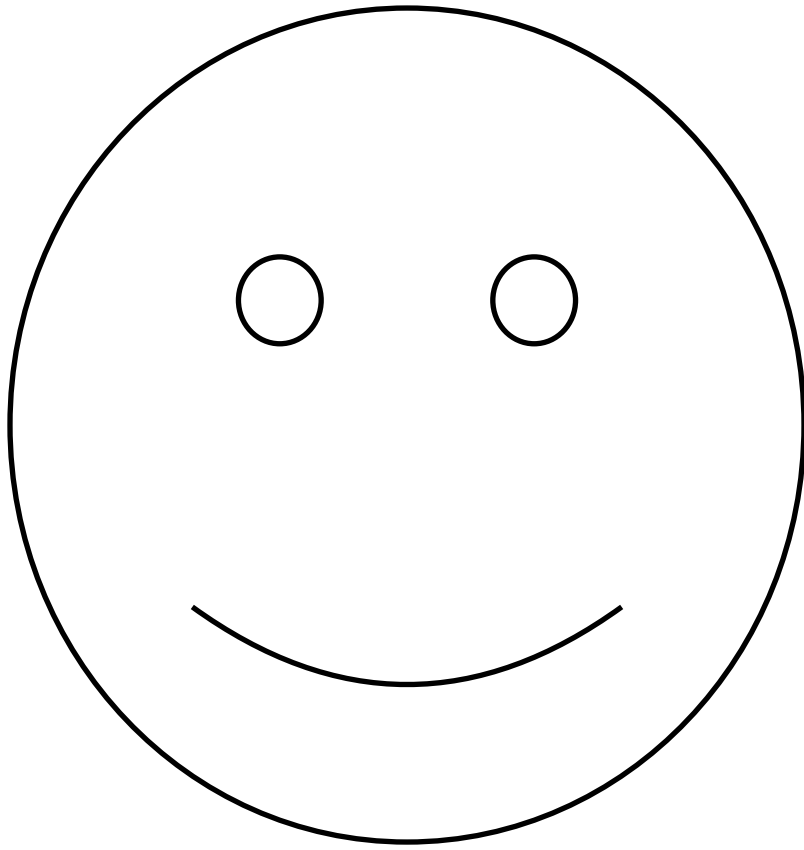
Search Google for "Bible joy" for printable coloring pages!

### Craft Ideas:

*Chalk Art:* Get outside and decorate your driveway and sidewalk with joyful messages for those who walk by! Look up Bible verses about joy and choose one to write on the sidewalk with your colors. How can you share the joy you have in Jesus with others through your drawings?

### Activity Ideas:

*Sorrow and Joy Game:* Print off the sorrow and joy faces on the next page, enough for each family member to have one of each. Let each family member decorate their faces. Cut them out and glue to craft sticks or straws for handles. Then read through the different sorrow and joy situations and have each person hold up either the sorrow or joy face depending on how they would feel in the situation. As the game goes on, challenge your family to figure out how you can still have joy even in the sorrowful situations.



### Sorrow and Joy Game

- No one wants to play with me.
- It's my birthday.
- It's raining out so I can't go outside to play.
- Dinner is a food I don't like.
- My class at school gets to go on a field trip.
- Mom's making my favorite lunch today.
- Dad has to work an extra shift.
- We can't visit our friends or family.
- My favorite TV show is on.
- I got to see my grandparents on video chat today.
- I'm learning a new subject in school.
- I got a new toy that I really wanted.
- (Make up your own!)

### Ways Our Family Can be Joyful

- Make a gratitude list of all the things we have to be thankful for each day.
- Sing our favorite songs and learn some fun new ones.
- Bake cookies or take a special treat to our neighbors, leave it at their door and run back home!
- Enjoy the beautiful weather outside by taking a walk, riding bikes, or going on a nature hike.
- Cook dinner together.
- Go through old clothes and toys and choose things we can give to someone in need.
- Pray together - include prayers of thankfulness (use that gratitude list!)
- Write notes or make homemade cards for loved ones like grandparents and cousins.
- Get dressed for church and joyfully participate whether you're watching live from home or attending drive-in service.

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